

Pride from A(pples) to Z(ucchini)

Your guide to harvest times and availability
for the incredible diversity of New York State produce.

Today more than ever, New York consumers are demanding close-to-home freshness in everything they buy. And very few places even come close to New York State for the variety and quality of its farm-fresh produce.

As the Program dedicated to advancing New York agriculture, we take a lot of Pride in New York State fruits and vegetables – and the Pride of New York members who produce them.

	JAN	FEB	MAR	APRIL	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
VEGETABLES												
Asparagus						—	—					
Beans, Dry	—	—	—	—	—	—	—	—	—	—	—	—
Beans, Lima									—	—	—	
Beans, Snap							—	—	—	—		
Beets	—	—	—			—	—	—	—	—	—	
Beet Greens					—	—	—	—	—			
Broccoli						—	—	—	—	—	—	
Brussel Sprouts									—	—	—	
Cabbage	—	—	—	—		—	—	—	—	—	—	—
Carrots	—	—	—	—			—	—	—	—	—	
Cauliflower								—	—	—	—	
Celery								—	—	—	—	
Collard Greens							—	—	—	—	—	
Corn								—	—	—	—	
Cucumbers								—	—	—	—	
Eggplant								—	—	—	—	
Garlic						—	—	—	—	—	—	
Herbs	—	—	—	—	—	—	—	—	—	—	—	—
Kale									—	—	—	
Leeks								—	—	—	—	
Lettuce					—	—	—	—	—	—	—	
Mustard Greens						—	—	—	—	—	—	

Vegetables continued on other side

— Harvest period
— Availability period

The above periods are approximate. Harvest periods may begin a week to ten days earlier during a warmer-than-usual year. A cool spring will delay crop maturity. Call farms for exact dates of harvest.



Pride for all seasons.

1-800-554-4501 www.prideofny.com

